ERC YEAR 7 CAMP 2017

Recommended personal equipment for a THREE day Camp at Fitzroy Falls Conference & Adventure Centre

- Morning tea and lunch on Day 1
- Sleeping bag
- 1 pair of sturdy shoes for activities
- Raincoat that is water resistant is essential
- Sun hat, broad brim or peak cap
- Sunscreen
- 1 warm jumper or polar fleece jacket
- 2 pairs of shorts and track pants
- 3 t-shirts that provide sun protection
- 1 set of clothes for dinner or after activities
- Socks and underwear for three days
- Pyjamas
- Swimming costume, rash vest and wet ‘n dry boardshorts for canoeing
- Pair of old trainers / wetsuit booties for canoeing
- Toiletries bag and any medications plus any strapping required for existing injuries (medication must be given to your son’s teacher)
- Small day pack and a 1 litre drink bottle

REMEMBER: DO NOT BRING any valuables, money, iPods, iPads or mobile phones as there will not be an opportunity to use them as there is no reception. Students are also NOT to bring any dangerous items such as knives, laser pens, lighters or matches. Throughout the Camp, all students are required to demonstrate the expected behaviours required of all boys who attend Edmund Rice College. This includes zero tolerance in respect of the supply and/or use of alcohol, drugs or other prohibited substances or items brought to the College and/or any associated activity whilst on Camp.

PLEASE COME WITH AN OPEN MIND!

“The mind is like a parachute – it will only function when it is open”