6 October 2015

Dear Parents/Carers,

YEAR 8 CAMP

As part of the College's Outdoor Education Programme, Year 8 will be participating in a 3-day/2-night camp at Coolendel, Nowra. The camp will take place during Week 3 Term 4 and attendance is COMPULSORY for all Year 8 students. The cost of this camp has been included in your son's school fees.

Monday 19th – Wednesday 21st October ..............Home Rooms C5, C6, C8
Wednesday 21st – Friday 23rd October ...............Home Rooms C4, C7, C16

Accommodation will be in tents provided by Optimum Experiences. Students will be participating in a wide range of activities including team building, challenge initiatives, canoeing, bushwalking / environmental awareness, navigation skills, trust activities, abseiling, rock climbing, rope activities, mountain biking and camp craft skills. It is important that boys have appropriate old clothing as listed on the Personal Equipment Checklist. It is not necessary to purchase new equipment. Please ensure all clothing and items have your son's name clearly marked. Please remember to pack only the bare essentials. Do not over pack as your son has to carry all his own belongings.

Meals are provided at Coolendel so there is no need to bring any food except for lunch on Day One. Please include a packed lunch for this day only. Students are NOT to bring valuables, money, iPods or mobile phones as there will not be an opportunity to use them as there is no signal. Students are also NOT to bring dangerous items such as knives or matches.

Transport to and from the camp will be by bus, leaving the College at 8.15am sharp on Monday and Wednesday morning. Students are due to return back to the College at around 3.00pm on Wednesday/Friday afternoon. Arrangements will need to be made to collect your son at that time.

A separate medical form is required for the camp by Optimum Experiences. Please complete the Reply Slip and the Medical Form and have your son return it to his Home Room Teacher by Thursday, 8th October.

Yours sincerely

MR P PREEO
Year 8 Coordinator

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YEAR 8 CAMP

Reply Slip - Sign and return to your son's Home Room Teacher by Thursday, 8th October

I understand my son _________________________ of Home Room _______ will be attending a 3 day/2 night camp at Coolendel, Nowra from:

☐ Monday 19th – Wednesday 21st October ..............Home Rooms C5, C6, C8
☐ Wednesday 21st – Friday 23rd October ...............Home Rooms C4, C7, C16

Details of transport arrangements home from the College _________________________

Signed: ________________________________ (Parent/Carer) Date: ________________
- A small backpack (one used for school books would be ideal)
- Sleeping bag
- Sleeping mat
- Lunch for day one
- 1 pair of sturdy shoes
- 1 pair of old trainers / wetsuit booties for water activities, note **NOT** wetsuit socks or sandals/thongs
- Raincoat that is water resistant
- Sun hat (broad brim or peak cap)
- Sunscreen and insect repellent
- 1 jumper - wool or polar fleece
- 1 long sleeve shirt
- 1 pair of long pants, note these should **NOT** be jeans!
- 1 tracksuit for use as pyjamas or extra warm clothing
- 2 pairs of shorts
- 3 t-shirts
- Socks and underwear for three days

**Note:** the clothes that you wear to camp can be kept for the return trip home

- 1 pair of shorts for canoeing (stretch lycra or board shorts are best)
- 1 rash vest / thermal top or old t-shirt for canoeing
- Swimming costume
- Toilet bag – include personal sanitary items / personal medical needs
- Towel
- Three garbage bags (for taking wet items home)
- Utensils and cutlery in a bag
  (i.e. plate, bowl, cup, knife, fork, spoon) Note: **NOT** disposable!!
- 2 tea towels
- Torch
- 1 litre drink bottle

*** DO NOT BRING ***

iPods or mobile phones (as there is no reception), valuables or junk food